



Philippine style PORK LUMPIA-NISA

GoodSource Item #3596
 Pack size20 x 16 oz
 Net weight/case20 lbs
 Shelf life18 mos from production date
 Kosher.....No
 Allergens.....Wheat, Soy

What is it?

Sweet and garlicky ground pork folded into a thin wrapper.

How is it served?

As an appetizer or side dish.

How to prepare it?

Do not thaw. Pre-heat oil to 320°F over medium heat. Deep fry for 4-5 minutes until golden brown. Must reach 165°F internal temperature.

How should it look?

Golden brown and crispy.

Ingredients:

Filling: Pork, Sugar, Salt, Garlic, Water, Beet Powder, Black Pepper, Oleoresin of Paprika, Sodium Erythorbate, Sodium Nitrite. Wrapper: Enriched Wheat Flour (Wheat flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Water, Soya Oil, Salt, Soy Lecithin.

Nutrition Facts	
4 servings per package	
Serving size	4 rolls (4 oz)
Amount per serving	
Calories	330
% Daily Value*	
Total Fat 20g	26%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 640mg	28%
Total Carbohydrate 29g	11%
Dietary Fiber 3g	10%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 8g	
Vitamin D 0mcg	0%
Iron 2mg	10%
Calcium 23mg	2%
Potassium 193mg	4%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

